



Barbados Reiki Association
Code of Practice
January 2013

Introduction:

This Code of Practice sets out standards for Professional Practitioner and Master Teacher members of the Barbados Reiki Association. "Professional Practitioner members" are members of the Association who treat clients professionally for a fee. "Master Teacher members" are members of the Association who are qualified to teach, initiate or attune to Reiki. The Association's Code of Ethics sets out general guidelines for everyday practice for private practitioner members who treat themselves, friends, family and visitors at public demonstrations only. Professional practitioner and Master Teacher members are also expected to adhere to the Association's Code of Ethics. This Code of Practice has been adapted from the Code of Ethics of the Reiki Association of Ireland and the Code of Ethics and Standards of Practice of the UK Reiki Federation.

Conduct with Clients/Students

As Professional Practitioners and Master Teachers:

1. We conduct ourselves in a courteous and honourable manner, with integrity, sensitivity and tact.
2. We maintain relationships with our clients/students that are of the highest professional standard, demonstrating due diligence of care, skill and integrity at all times. We do not exploit our clients/students financially, sexually, emotionally or in any other way.
3. *We respect the confidentiality of all personal information confided by clients/students. In the event of a third person being involved, consent must be obtained from the client/student for any disclosure that might be considered necessary.*
4. We treat all clients/students equally, regardless of race, colour, creed, gender or sexual orientation, whether we are being paid or working in a voluntary capacity.
5. We respect the confidentiality of all personal information confided by clients/students and we seek their permission before disclosing it to any third party unless required to do so by law.

Reiki Treatments

As Professional Practitioners and Master Teachers:

6. We *must* be in a fit state to give a treatment (e.g. not under the influence of alcohol or drugs, exhausted or ill).

7. *Our treatments usually last for a minimum of one hour.*
8. We dress in a professional manner and are neat and clean in our own personal hygiene.
9. We take care to ensure that clients are as much at ease as possible. This includes ensuring that the place in which a treatment is given is comfortable, suitable for the practice of our therapy and complies with current safety regulations of the island.
10. We provide comprehensive and easy to understand information to allow clients to make informed choices, including a verbal explanation of the treatment, the likely number of treatments and fees.
11. We gather relevant personal information from clients, including any relevant medical information. We keep clear and comprehensive records of professional treatments and retain these in safe custody for seven years from the time of the last consultation.
12. We do not give treatments to *anyone* unless a person or someone able to represent their wishes gives their permission. We recognise the right of the person to refuse treatment. *Minors???*
13. We do not offer any kind of diagnosis or advice, neither of which forms part of a Reiki treatment.
14. We make it clear that we do not have the knowledge or skill of doctors. We do not use any titles or descriptions to give an impression of medical or other qualifications we do not have.
15. We do not claim to be able to cure any problem but to offer physical and spiritual comfort which may bring some relief. We refer a client elsewhere when the need demands.
16. We do not prescribe or sell remedies, herbs, supplements, oils, etc., unless we have undergone appropriate training and have qualifications which entitle us to do so.
17. When we use other therapies or *philosophies* in conjunction with Reiki we make the distinction clear to those we treat and teach.

Relationships with Other Health Professionals

As Professional Practitioners and Master Teachers:

18. We honour and respect the role of other health professionals, not interfering with their treatments or advice. We recognise that this is particularly important when visiting hospitals. We believe that Reiki does not take the place of conventional medical treatment.
19. We encourage understanding of Reiki within other fields and modalities within the healthcare sector.
20. We do not encourage clients/students away from other professional colleagues.

Professional Development

As Professional Practitioners and Master Teachers:

21. We recognise the value of self-treatment and also receiving Reiki from another, as part of our continuing self-development. We treat ourselves regularly recognising that Reiki is for self-healing first and to ensure that we are in a fit state to treat and teach others.
22. We regularly review and evaluate the Reiki that we give to clients and commit to maintaining our own effectiveness and to developing and advancing our own professional competence.
23. We are aware of our own mental, emotional and physical health *and take steps to resolve any problems that may interfere with our ability to practice competently.*

Teaching Reiki

As Master Teachers:

24. We recognise the additional responsibility this brings and conduct ourselves accordingly.
25. We adhere to the authentic practice of Usui Reiki, the principles and the transmission of the authentic, unaltered system.
26. We conduct attunements/initiations in person.
27. We provide a minimum of 16 hours of training at Level 1 and the same at level II.
28. We take care to ensure that students are as much at ease as possible. This includes ensuring that the place in which classes are taught is comfortable and fees are discussed and agreed before classes begin.
29. We provide ongoing mentoring for students.